**Training Plan**

**Doctoral Student:** [Doctoral Student's Name]

**Provisional Title of the Thesis:** [Provisional Title of the Thesis]

**Doctoral Program:** [Name of the doctoral program]

**Supervisor:** [Supervisor's Name]

**Co-supervisor:** [Co-supervisor's Name (if applicable)]

**Tutor:** [Academic Tutor's Name (if applicable)]

**Date:** [Date]

The personal training plan must include a forecast of the various training activities that will be carried out during the doctoral studies (courses, conferences, seminars, mobility actions, etc.). The training plan must necessarily include some training activity related to [open science](https://bibliotecnica.upc.edu/en/investigadors/ciencia-oberta-upc).

Once the training activities included in the training plan (or others that may arise) have been completed, the corresponding justification must be obtained and the information must be entered into the Doctoral Student Activity Document (DAD). It is important to keep in mind that this document is a living document that can be updated throughout the doctoral studies.

**• Courses, seminars, or specific workshops of the Doctoral Program:**

* Training related to the scientific equipment that will be used by the doctoral student (use, regulations, and/or risk prevention).
* Participation in courses, seminars, or specific workshops of the Doctoral Program, whether scheduled by the research groups in which the doctoral student is working or organized by the Program itself.
* Attendance plan for conferences, symposia, and/or training schools.

**• Transversal Training:**

The transversal training offer organized by the Doctoral School, classified into different training lines to configure a personalized training itinerary, can be found at: <https://doctorat.upc.edu/en/doctoral-candidates/cross-disciplinary-training/cross-disciplinary-training-2?set_language=en>

It is mandatory to include some activity related to open science and citizen science (which can be a scientific dissemination activity to society).

Once the course is completed, the corresponding justification must be obtained and the information must be entered into the DAD.

**• Mobility:**

If stays at other research centers or universities are planned, details and expected dates must be included. Keep in mind that research stays in higher education institutions or prestigious research centers outside of Spain equal to or exceeding 3 months allow applying for the International Mention (for more information: <https://doctorat.upc.edu/en/doctoral-thesis/international-doctorate-mention?set_language=en> ).